

Introducing Flexi-Bounce Therapy

Making Therapy Fun – Every Day

Most teachers and care staff who provide Rebound Therapy, know of the benefits and would like to be able to provide it on a daily basis.

Currently, a common issue for many special needs schools and centres is that they can only provide Rebound Therapy sessions once or twice a week due to their number of students and only having one or two full sized trampolines. And during holiday times, sessions stop altogether. Some schools and centres are not able to provide Rebound Therapy at all because they do not have the budget or space for a full sized trampoline.

There is now a solution to this dilemma.

Flexi-Bounce Therapy for Children and Adults with Additional Needs.

ReboundTherapy.org have developed a programme of use and development, using an orthopaedic quality rebounder so that students and service users can benefit from Flexi-Bounce Therapy sessions in between their weekly Rebound Therapy sessions, and at home during holidays.

Flexi-Bounce Therapy can provide many of the huge numbers of benefits of Rebound Therapy, for children and adults across virtually the whole spectrum of disabilities and additional needs. Benefits include the development and improvement of: Strength of limbs, Numeracy, Patience, Communication, Muscle tone, Eye contact, Relaxation, Trust and confidence in Coach/Assistant, Colour recognition, Height and depth perception, and Fun and enjoyment.

A certificated online training course in Flexi-Bounce Therapy is available for teachers, trainers, parents, carers, teaching assistants, physiotherapists, OTs, other healthcare professionals and sports coaches.

The course will equip the candidate to use an orthopaedic quality rebounder for the benefit of their students and clients. The course includes a development programme and comprehensive instruction on how to accurately measure and record progress and provide evidence of outcomes.

For more information, and to book on to the Flexi-Bounce Therapy online training course, please visit: <https://reboundtherapy.org/courses/online> and scroll down to 'Flexi-Bounce Therapy'

'ReboundTherapy.org'

The official UK body and international consultancy for Rebound Therapy™

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