

# ReboundTherapy.org

The UK based founding organization and international consultancy  
for Rebound Therapy – Founded 1972 by Eddy Anderson

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## Rebound Therapy Training Courses

**Rebound Therapy is the phrase used by a qualified practitioner to describe the use of a full-size trampoline to provide therapeutic exercise and recreation for people with a wide range of additional needs and disabilities.**

The Rebound Therapy team of approved tutors provide training courses throughout the UK and all English speaking countries at the request of schools, centres, charity agencies etc.



The Rebound Therapy training course is a nationally and internationally recognised programme and has approved status from the Professional Development Board for Physical Education - a division of AfPE.



The course is a CPD Certified training programme and comes with a value of 20 CPD Points.

Both versions of the course (practical or online) come with the 20 CPD points awarded on completion.



**The Rebound Therapy Practitioner training course** will enable members to use the trampoline for the benefit of students of all ages, and across a wide range of disabilities and additional needs.

There is no pre-requisite training for attendance on this course; all necessary training to run and lead sessions is covered within the programme and study material.

### Course Outline:

Safety aspects, appraisal of personal skills, development and award programmes; Programmes for defined and wide ranging needs, problem solving, practical simulations and more!

This is a wide-ranging course, encompassing a variety of professional disciplines.

We welcome those involved in various professions, including –

Teachers, Physiotherapists, Occupational Therapists, Carers and Health workers, Nurses, Speech and Language Therapists, Trampoline Coaches and Parents / Guardians.

**Available ‘in-house’ as an ‘open’ practical course and as an online / distance learning training programme.**

**For further information or to arrange training**, please contact us using the above email / telephone.

Additional courses / workshops available including:

One-day refresher workshop - ‘Rebound Plus’ add-on module for those with more able students

