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Rebound Therapy Training Course

Rebound Therapy is the phrase used by a qualified trainer to describe the use of a trampoline to provide therapeutic exercise and recreation for people across a wide range of Special Needs.

The Rebound Therapy team of approved tutors provide training courses in all English speaking countries at the request of clubs, schools, centres, charity agencies etc.

For individuals and small groups who require the training, we also provide a Distance Learning and Accreditation program.

Either option will provide the candidate with the Level 2 Rebound Therapy practitioner certificate.



The training program is internationally recognised and has approved status from the Professional Development Board for Physical Education



The course will enable candidates to use the trampoline for the benefit of students across a wide range of disabilities.

There is no pre-requisite training for attendance on this course or to register for the Distance Learning program; all necessary training to run and lead sessions is covered on the course and in the pre-course reading material.

Group size for in house courses: max 12 candidates per course. (16 if two or more trampolines are available.)

Individuals or small groups may register for the Distance Learning and Accreditation program, or book onto an 'open' course.

Course Outline: Safety Aspects, Benefits and contra-indications, Development and award program, Programs for complex needs, Measuring and recording progress and outcomes.

This is a wide-ranging course, encompassing a variety of professional disciplines. We welcome those involved in various caring and sports professions – Trampoline Coaches, Gymnastic coaches, Teachers, PT's, OT's, Carers, Health workers, Nurses, Speech and Language Therapists, and Parents.

For further information or to arrange a course, please contact us as above.

