

Rebound Therapy Staff Training Course

Rebound Therapy is the phrase used by a qualified trainer to describe the use of a trampoline to provide therapeutic exercise and recreation for people with a wide range of Special Needs.

The Rebound Therapy team of approved tutors provide staff training courses throughout the UK at the request of schools, centres, charity agencies etc.



The two-day certificated Rebound Therapy Staff Training course has received approved status from the Professional Development Board for Physical Education which is supported by afPE.



The course will enable members to use the trampoline for the benefit of their disabled students and is designed to facilitate the sharing of skills across professionals and within working teams.

Group size: max 12 candidates per course.
(16 if two or more trampolines are available.)

Course Outline: Safety Aspects;
 Appraisal of personal skills;
 Development and award programmes;
 Programmes for defined special needs;
 Problem solving – practical simulations

This is a wide-ranging course, encompassing a variety of professional disciplines. We welcome those involved in various caring professions – Teachers, Physiotherapists, Occupational Therapists, Carers and Health workers, Nurses, Speech and Language Therapists. Also Trampoline Coaches.

For further information or to arrange a course,
please contact us at the above email address or telephone number.

Other courses / workshops available:

One-day refresher workshop - ‘Rebound Plus’ add-on module for those with able students -
‘Beyond Rebound’ recreational trampoline coach course

